

TM Demo Hospital # 1
123 Hospital Road
Anytown, XX, 90000
(555) 555-5555



DISCHARGE INSTRUCTIONS FOR:
Registered Date of Service: 2/4/2008 3:29:00PM

JENNIE JOHNSON
555 Patient Way
Apt. #5
San Diego CA, 99999

Date: 2/5/2008
Pt Acct #: 0000000018

DIAGNOSTIC IMPRESSION:

PRIMARY DIAGNOSIS:

Acute, left forearm laceration with simple repair.

PRESCRIPTIONS:

cephalexin, Dosage: 500 mg, Disp: -28-, Sig: 1 tab po QID, Refills: -0-

DISPOSITION:

LACERATION, EXTREM (SUTURE OR TAPE) DISCHARGE INSTRUCTIONS:

FOLLOW-UP: Follow-up with your physician, Dr. Shaheen Iqbal for evaluation:
Wound check in 2 days.
Suture removal 7 days.

LACERATION, EXTREMITY

A LACERATION is a cut through the skin. This will usually require stitches if it is deep. Minor cuts may be treated with surgical tape closures ("Steri-Strips") or Dermabond Skin Adhesive.

HOME CARE:

- 1) Keep the wound clean and dry. If a **bandage** was applied and it becomes wet or dirty, replace it. Otherwise, leave it in place for the first 24 hours, then change it once a day or as directed.
- 2) If **sutures** were used, clean the wound daily:
After removing the bandage, wash the area with soap and water. Use Hydrogen Peroxide on a cotton swab (Q tip) to loosen and remove any blood or crust that forms.
After cleaning, apply a thin layer of Neosporin or Bacitracin ointment. This will keep the wound clean and make it easier to remove the stitches. Reapply the bandage.
You may shower as usual after the first 24 hours, but do not soak the area in water (no baths or swimming) until the sutures are removed.
- 3) If a **Steri-Strips tape closure** was used, keep the area clean and dry. If it becomes wet, blot it dry with a towel. After the Steri-Strips have been removed it is safe to resume your usual activities.
- 4) You may use acetaminophen (Tylenol) or ibuprofen (Motrin, Advil) to control pain, unless another pain medicine was prescribed. [NOTE: If you have chronic liver or kidney disease or ever had a stomach ulcer or GI bleeding, talk with your doctor before using these medicines.]
However, an infection may sometimes occur despite proper treatment. Therefore, check the wound daily for the signs of infection listed below. STITCHES should be removed within 7-14 days. If a TAPE CLOSURE ("Steri-Strips") was used, remove them after seven days unless told otherwise.

RETURN PROMPTLY

or contact your doctor if any of the following occur:
Increasing pain in the wound

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Date: 2/5/2008
MRN: 00018
Age: 38Y
Practitioner: Chris Thompson, MD, FACEP

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Redness, swelling or pus coming from the wound
Fever over 100.0° F (37.8° C) oral, or over 101.0° F (38.3° C) rectal
If sutures come apart or fall out or if Steri-Strips fall off before five days
If the wound edges re-open
Numbness that does not go away by the time of suture removal
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MEDICATIONS ORDERED:

Tetanus, Diphtheria, Dosage: 0.5 ml, Route: IM
Duricef, Dosage: 1 gram, Route: PO

X-RAYS:

If you had x-rays, then your x-rays were interpreted by the emergency physician during your visit in order to facilitate your diagnosis and treatment. The final x-ray report will be interpreted with a final report written by a radiologist at the earliest convenience. If there is a discrepancy between the emergency physician's interpretation and the official report of the radiologist, you, or your physician will be notified.

Treatment given in the Emergency Department is offered as emergency first aid ONLY. Follow-up treatment may be important for your safety. Please follow carefully your aftercare instructions. Take this sheet and any prescriptions you were given with you when you see a physician in follow-up.

Patient Or Representative

Hospital Representative

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